



mindhk
香港心聆



社區心活指南

服務收費表 (2026 年 6 月 1 日生效)

Service fee at a glance (effective 1 June 2026)

每月家庭入息*

Household monthly income*

≤ HK\$ 20,000

免費 FREE

HK\$ 20,001–
HK\$ 40,000

HK\$ 150 一節
Session

> HK\$ 40,000

HK\$ 300 一節
Session

*為確保服務公平性，我們會不定期聯絡服務使用者核實收費等級

*To ensure fairness and proper allocation of resources, we conduct occasional checks to verify that assigned fee levels remain aligned with our users' current financial circumstances

**你亦可選擇由實習中或已完成培訓的義務心理健康主任為你提供心理支援服務，服務收費將獲豁免，但輪候時間會延長

**You may also choose to receive services provided by a Wellbeing Practitioner Trainee or a Wellbeing Practitioner Alumni. The service fees will be waived, and the wait time may be longer