

## **iACT Wellbeing Practitioner (Youth)**

Mind HK is a fast-paced, quick-growing mental health charity with a vision to ensure that no one faces a mental health problem alone. Since our inception in 2017, we have trained over 35,000 individuals in mental health awareness, gained over 3,000,000+ new website users since summer 2018, and regularly engage with hundreds of thousands of individuals from the local community through our campaigns.

We are looking for experienced Wellbeing Practitioners (Youth) to join our Improving Access to Community Therapies (iACT) programme. The role will work at host organisations (either schools or online), to provide free low-intensity mental health intervention.

### **Job Responsibilities:**

The roles and responsibilities of this position goes beyond the scope of the original trainee role, other than delivering service, WPs will be expected to take a proactive role in promoting the programme at host organizations and to communities, recruiting clients and also managing data collection for the programme. WPs will also need to join regular Mind HK meetings and assist with programme development.

### **Practitioner responsibilities:**

- **The role of WP (youth) will be working in school(s), with hours aligned to the school's requirements.**
- To conduct screening, consultations, assessments, and low-intensity intervention (individual or group) for youth with or suspected with common mental disorder(s);
- To keep accurate and updated clinical record at the clinical dashboard;
- To actively recruit clients to the programme through programme promotion, workshops/ talks, or other promotional activities;
- To assist in conducting mental health-related research including data collection, management, qualitative and quantitative analysis;
- To support the development and improvement of treatment protocol and programme materials; To attend regular supervision and meetings with the Mind HK iACT clinical advisor and project team; and
- To support the operation and implementation of iACT programmes, including administrative duties.
- Any other tasks assigned by the project or organization.

### **Requirements:**

- Completed the Mind HK's iACT (previously called YWP or PWP) training programme or equivalent (e.g. low-intensity psychological intervention program from international or local universities);
- A recognised bachelor degree or above is required, major in psychology, behavioral health, public health, or mental health related subjects is preferred;
- Excellent interpersonal skills and ability to work in a team;
- Experience in working in community project is preferred;

- Agility and responsiveness;
- Fluent (written and spoken) in English and/or Cantonese.

**Terms:**

Full time or part time (at least 3 days per week); one year contract, renewal subject to review at contract end.

**Salary and Benefits:**

The starting salary for this position is between HK \$24,700 to HK \$30,052 per month for full-time staff (pro rata for part-time), depending on experience and competencies, based on our internal point system. Annual salary increments follow our structured salary framework.

At Mind HK, we offer:

- A 7-hour workday . Full-time staff work 5 days per week, while part-time staff follow their agreed-upon schedule.
- A hybrid working model, providing flexibility to work from different locations within Hong Kong depending on the school requirements and, for limited periods, outside Hong Kong.
- 22 days of annual leave (prorated for part-time staff), quarterly Mental Health Days, and medical insurance.
- A commitment to staff development, offering up to 2 days of study leave, access to ongoing training, workshops, and cross-organisational learning opportunities.
- Additional support through regular check-ins with counsellors and ongoing staff well-being activities.

**Application:**

To apply for this position, please email [hr@mind.org.hk](mailto:hr@mind.org.hk) with a brief statement of interest and motivation, CV, dates of availability, salary expectation, and level of proficiency with written and spoken Chinese (Cantonese) and English.

**Our Commitment to Inclusion:**

Mind HK is an equal-opportunity employer, and strives to create a diverse and inclusive workplace that values and respects the unique contributions of each team member, and we welcome candidates from all backgrounds and walks of life to apply for our open positions.

Should you require any support or accommodations during the interview process, please do not hesitate to specify your needs in your application or reach out to us directly. We are committed to ensuring a fair and accessible recruitment process for all candidates.

All applications will be handled with strict confidentiality and used exclusively for recruitment purposes.