

## **Wellbeing Practitioners**

Mind HK is a fast-paced, quick-growing mental health charity, with a vision to ensure that no one in Hong Kong has to face a mental health problem alone. Since our launch in November 2017, we have trained over 25,000 people in mental health awareness, have an average of 50,000 users per month on our website, and regularly engage with hundreds of thousands of individuals from the local community through our campaigns.

Mind HK is now recruiting for several part-time or full-time Wellbeing Practitioners (Adult) and Wellbeing Practitioners (Youth) to join our Improving Access to Community Therapies (iACT) programme. These WPs will work at host organisations (either District Health Centers, commercial pharmacist, schools or online) or Mind HK office, to provide free, or low cost, low-intensity mental health intervention.

### **Job Responsibilities:**

The roles and responsibilities of this position goes beyond the scope of the original YWP and PWP trainee role. With this post-pilot position, WPs are no longer delivering service for the first time. WPs will be expected to take a proactive role in promoting the programme at host organisations and to communities, recruiting clients and also managing data collection for the programme. WPs will also need to join regular Mind HK meetings and assist with programme development.

WPs will join the Mind HK team and will report directly to the iACT programme managers.

### **Practitioner responsibilities:**

- To conduct screening, consultations, assessments, and low-intensity intervention (individual or group) for people with or suspected with common mental disorder(s);
- To keep accurate and updated clinical record at the clinical dashboard;
- To actively recruit clients to the programme through programme promotion, workshops/ talks, or other promotional activities;
- To communicate and liaison with community partners or refers;
- To assist in conducting mental health-related research including data collection, management, qualitative and quantitative analysis;
- To support the development and improvement of treatment protocol and programme materials; To attend regular supervision and meetings with the Mind HK iACT clinical advisor and project team; and
- To support the operation and implementation of iACT programmes, including administrative duties.

### **Requirements:**

- Completed the Mind HK's YWP or PWP training programme or equivalent;
- A recognised bachelor degree or above is required, major in psychology, behavioral health, public health, or mental health related subjects is preferred
- Excellent interpersonal skills and ability to work in a team

- Experience in working in community project is preferred
- Agility and responsiveness
- Fluent (written and spoken) in English and/or Cantonese.

**Terms:**

Part time or Full Time (2.5 days to 5 days per week); one to three years contract depends on different funding circumstance, renewal subject to review at contract end.

**Salary and Benefits:**

The starting salary for this position is from 23,335HKD for a full time position (according to our internal point system). Annual increment is based on our salary structure.

Mind HK provides 7-hour work days (flexible between allocated times), 5 days per week (FT staff). In addition, employees receive up to 22 days of annual leave, plus quarterly mental health days, as well as contribution to the Mandatory Provident Fund. Our staff benefits also include clinical staff regular check-ins and staff wellbeing activities.

We are a learning organisation and offer development and well-being opportunities throughout the year, including training programs. Finally, we have a hybrid working model and remote working policy in place, allowing flexibility in working locations within Hong Kong, and outside Hong Kong for certain periods. Please note that all benefits are based on current company policies and may be updated from time to time.

Mind HK is an equal opportunity employer, and strives to create a diverse and inclusive workplace that values and respects the unique contributions of each team member, and we welcome candidates from all backgrounds and walks of life to apply for our open positions. Should you require any support or accommodations during the interview process, please do not hesitate to specify your needs in your application or reach out to us directly. We are committed to ensuring a fair and accessible recruitment process for all candidates.

**Application:**

To apply for this position, please email [hr@mind.org.hk](mailto:hr@mind.org.hk) with a brief statement of interest and motivation, CV, dates of availability, salary expectation, and level of proficiency with written and spoken Chinese (Cantonese: required) and English.