

Job description and advert: Clinical Advisor/ Lead Clinical Advisor

Mind HK is a mental health charity here to ensure no one has to face a mental health problem alone in Hong Kong. Through our work, we hope to educate people around mental health and remove the associated stigma, with the aim of achieving the best mental health for all in Hong Kong. With existing collaboration and research efforts, we are here to support Hong Kong in becoming a global leader and regional model for public mental health. Mind HK is a recognised charitable institution under Section 88 of the Inland Revenue Ordinance (91/16471).

Mind HK is seeking an experienced clinician to oversee the clinical aspects of the iACT initiative (Improving Access to Community Therapies), which seeks to introduce a long-term, sustainable offering in primary mental health care in Hong Kong. iACT combines our existing programmes of Youth Wellbeing Practitioners (YWP) and Psychological Wellbeing Practitioners (PWP).

These programmes are based on the “Improving Access to Psychological Therapies” (IAPT) initiative first developed to transform primary care mental health services in the United Kingdom. The projects have adapted this model for a Hong Kong context, localising the approach to the local culture and practices. A pilot project has been implemented, in which we have trained a cohort of 50 YWPs who are delivering Acceptance and Commitment Therapy (ACT) based, manualised low-intensity interventions to young people (aged 12-24) experiencing mild to moderate mental health problems. The PWP pilot (launching November 2022) will adopt a similar approach, training 32 PWPs to deliver ACT-based manualised low-intensity interventions to adults experiencing mild to moderate mental health problems. Both projects are being rigorously evaluated via research, in collaboration with leading academic institutions in Hong Kong.

These projects seek to revolutionise access to mental health care for people experiencing mild to moderate emotional difficulties in Hong Kong, bridging some of the gaps in service provision for these individuals. iACT aims at providing easily accessible, evidence-based care to individuals across the lifespan.

Role responsibilities:

- Developing manualized treatment protocols
- Designing training curriculum and providing training low-intensity interventions
- Developing and fine-tuning clinical processes and protocol for the service, including training materials and administrative documentation
- Working with academic institutions to support clinical research
- Providing and co-ordinating the supervision of practitioners
- Line management of clinical advisors working on the projects
- Representing the clinical aspects of the projects at committee meetings and public events
- Working with management and project teams to ensure the key deliverables and advance long-term strategy
- Responding to ad-hoc requests when needed
- At least 2-3 working days per week (part-time or full-time)

Requirements:

- Core recognized training in clinical psychology, psychiatry, counselling or mental health/ clinical social work
- Experience of working in primary care or mental health services
- Training and clinical experience in ACT, advanced training in ACT is preferred
- Experience of developing and managing of clinical services
- Experience of designing and conducting clinical research
- Experience of training delivery
- Excellent communication skills and ability to work in a team
- Project management and supervision skills
- Agility and responsiveness
- Fluent (written and spoken) in English and Cantonese

Opportunities:

This is an exciting and unique role which would offer interesting opportunities, including:

- The opportunity to work with/lead a passionate and driven team of clinicians
- Working collaboratively colleagues from clinical and non-clinical backgrounds to drive a pioneering initiative in Hong Kong
- Helping individuals who are passionate about mental health in Hong Kong to upskill and offer frontline services to those in need
- Joint working with a variety of stakeholders including schools, community organisations, clinics, NGOs and other clinicians involved in the projects
- A chance to join a growing organization of individuals who are passionate about making mental health information and care more accessible to all in Hong Kong

Prospective candidates should review the essential and desirable criteria. If these match your skills and experience, we encourage you to submit your CV and a cover letter to hr@mind.org.hk.