

## **Recruiting Volunteer Clinicians & Mental Health Professionals!**

We are currently seeking mental health professionals (e.g. psychologists, therapists, counsellors & social workers), particularly those who can speak Cantonese, to provide free online mental health support to individuals affected by the Covid-19 pandemic.

***If you are interested in volunteering, please contact the COVID-19 mental health relief committee at [covid@mind.org.hk](mailto:covid@mind.org.hk).***

### **About the Covid-19 Mental Health Relief Scheme:**

Mind HK have been working in partnership with a group of therapists in Hong Kong (who have formed the Covid-19 mental health relief committee), who launched the scheme in Aug 2020. With the support from volunteering therapists, the scheme has been able to provide free online mental health support to many individuals affected by the pandemic.

The purpose of starting this initiative was the recognition of the COVID-19 hardships that individuals are experiencing, and to address the increasing mental health impacts of social isolation, quarantine and hospitalisation. We are therefore prioritising individuals in hospitals, quarantine centres, medical workers and essential workers who desperately need access to free support.

Volunteering one hour of your time for three consecutive weeks, will help one person get through this unprecedented time. We have developed a manualized self-help guide to assist you during your sessions with these individuals.

The scheme continues to receive a large number of enquiries from the public each week and has accumulated a waitlist. It is therefore our hope to serve as many individuals who need support whilst the scheme remains in operation until Aug 2021.

We are therefore reaching out to ask for help and participation, especially from Cantonese-speaking therapists.

### **Qualifications/Skills/Requirements:**

- Clinical Qualification (e.g. DClInPsy, Masters in Counselling/social work, equivalent qualification or experience)
- Professional Registration
- Professional Indemnity/Malpractice Insurance
- Bilingual in Cantonese & English (Desirable)

**Please email us at [covid@mind.org.hk](mailto:covid@mind.org.hk) to register your interest.**